

# March 2019

## Riverdale Middle & High School Breakfast

Mon	Tue	Wed	Thu	Fri
<b>Breakfast =\$1.60</b> <b>16 Break-</b> <b>fast=\$25.60</b> <b>Choice of Milk</b> <b>Menu is Subject</b> <b>to Change</b>				<i>1</i>  <i>Bacon Scramble Pizza</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<i>4</i>  <i>Egg Patty</i> <i>Biscuit w/jelly</i> <i>Sausage Link</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>5</i>  <i>Cinnamon Roll</i> <i>Bacon</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>6</i>  <i>Blueberry Waffle</i> <i>Maple Syrup</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>7</i>  <i>Ham &amp; Cheese Break-</i> <i>fast Bar</i> <i>Banana Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>8</i>  <i>Bacon Scramble Pizza</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<i>11</i>  <i>French Toast Sticks</i> <i>Bacon</i> <i>Maple Syrup</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>12</i>  <i>Sausage, Egg &amp;</i> <i>Cheese on an English</i> <i>Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>13</i>  <i>Cherry Frudel</i> <i>Bacon</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>14</i>  <i>Ham &amp; Cheese Break-</i> <i>fast Bar</i> <i>Blueberry Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>15</i>  <i>Bacon Scramble Pizza</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<i>18</i>  <i>Sausage Pancake Bites</i> <i>Maple Syrup</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>19</i>  <i>Bacon, Egg &amp; Cheese</i> <i>on a Bagel</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>20</i>  <i>Honey Bun</i> <i>Sausage Link</i> <i>Juice</i> <i>Milk</i>	<i>21</i>  <i>Ham &amp; Cheese Break-</i> <i>fast Bar</i> <i>Chocolate Chip Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>22</i>  <i>Bacon Scramble Pizza</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<i>25</i>  <b>Spring Break</b>  <b>No School</b>	<i>26</i>  <b>Spring Break</b>  <b>No School</b>	<i>27</i>  <b>Spring Break</b>  <b>No School</b>	<i>28</i>  <b>Spring Break</b>  <b>No School</b>	<i>29</i>  <b>Spring Break</b>  <b>No School</b>

# March 2019

## Riverdale Middle & High School Lunch

Mon	Tue	Wed	Thu	Fri
<p><b>Choice of Milk Daily</b>  <b>Menu is Subject to Change</b>  <b>Middle School Ala-Carte Sandwich=MS</b>  <b>Lunch = \$2.55</b>  <b>16 Lunches=\$40.80</b></p>				<p><b>1</b>  <i>Pepperoni Pizza</i>  <i>Steamed Broccoli</i>  <i>Romaine Salad</i>  <i>Grape Tomato</i>  <i>Applesauce</i>  <i>BBQ Rib MS</i></p>
<p><b>4</b>  <i>Chicken Quesadilla</i>  <i>Refried Beans</i>  <i>Corn</i>  <i>Carrots w/ranch</i>  <i>Pineapple</i>  <i>Salsa/Taco Sauce</i>  <i>Sour Cream</i>  <i>Cheeseburger MS</i></p>	<p><b>5</b>  <i>Pepperoni Calzone</i>  <i>Spaghetti Sauce</i>  <i>Green Beans</i>  <i>Carrots w/ranch</i>  <i>Applesauce</i>  <i>Corn Dog MS</i></p>	<p><b>6</b>  <i>Chicken Nuggets</i>  <i>Mashed Potato</i>  <i>Chicken Gravy</i>  <i>Corn</i>  <i>Peaches</i>  <i>Hot &amp; Spicy CK MS</i></p>	<p><b>7</b>  <i>Cheeseburger</i>  <i>Curly Fry</i>  <i>Green Beans</i>  <i>Pears</i>  <i>Ketchup &amp; Mustard</i>  <i>BBQ Sauce &amp; Pickles</i>  <i>Pork Tenderloin MS</i></p>	<p><b>8</b>  <i>Cheesy Garlic Flatbread</i>  <i>Pizza</i>  <i>Spaghetti Sauce</i>  <i>Romaine Salad/</i>  <i>Grape Tomato</i>  <i>Carrots w/ranch</i>  <i>Mandarin Oranges</i>  <i>Ham &amp; cheese MS</i></p>
<p><b>11</b>  <i>Fiestada Pizza</i>  <i>w/lettuce &amp; chips</i>  <i>Corn</i>  <i>Carrots w/ranch</i>  <i>Pineapple</i>  <i>Taco Sauce/Salsa</i>  <i>BBQ Rib MS</i></p>	<p><b>12</b>  <i>Sub Sandwich</i>  <i>(lettuce, tomato, salad</i>  <i>dressing, pickles)</i>  <i>Baked Beans</i>  <i>Baked Chips</i>  <i>Carrots w/ranch</i>  <i>Applesauce</i>  <i>Italian Grill MS</i></p>	<p><b>13</b>  <i>Orange Chicken</i>  <i>Stir Fry Veggies</i>  <i>Oriental Rice</i>  <i>Carrots &amp; Celery</i>  <i>Ranch Dressing</i>  <i>Pears</i>  <i>Corn Dog MS</i></p>	<p><b>14</b>  <i>Cheeseburger Mac</i>  <i>Breadstick</i>  <i>Calif Vege Blend</i>  <i>Carrots w/ranch</i>  <i>Peaches</i>  <i>Brownie</i>  <i>Pork Tenderloin MS</i></p>	<p><b>15</b>  <i>Bosco Sticks</i>  <i>Spaghetti Sauce</i>  <i>Green Beans</i>  <i>Romaine Salad</i>  <i>Grape Tomato</i>  <i>Carrots w/ranch</i>  <i>Fruit Mix</i>  <i>Cheeseburger MS</i></p>
<p><b>18</b>  <i>Breaded Chicken Sand-</i>  <i>wich</i>  <i>Hash Brown</i>  <i>Steamed Broccoli</i>  <i>Pineapple</i>  <i>Ham &amp; Cheese MS</i></p>	<p><b>19</b>  <i>4 Meat Pizza</i>  <i>Romaine Salad</i>  <i>Grape Tomatoes</i>  <i>Corn</i>  <i>Pears</i>  <i>Very Berry Juice Bar</i>  <i>BBQ Rib MS</i></p>	<p><b>20 "Easter Dinner"</b>  <i>Turkey &amp; Gravy</i>  <i>Mashed Potatoes</i>  <i>Green Beans</i>  <i>Dinner Roll</i>  <i>Peaches</i>  <i>Breaded Chicken Sand-</i>  <i>wich MS</i></p>	<p><b>21</b>  <i>Italian Grill Ck</i>  <i>Tater Tots</i>  <i>Baked Beans</i>  <i>Carrots w/ranch</i>  <i>Applesauce</i>  <i>Hamburger MS</i></p>	<p><b>22</b>  <i>Garlic Cheese Bread</i>  <i>Spaghetti Sauce</i>  <i>Romaine Salad</i>  <i>Grape Tomato</i>  <i>Carrots w/ranch</i>  <i>Mandarin Oranges</i>  <i>Pork Tenderloin MS</i></p>
<p><b>25</b>    <i>Spring Break</i>    <i>No School</i></p>	<p><b>26</b>    <i>Spring Break</i>    <i>No School</i></p>	<p><b>27</b>    <i>Spring Break</i>    <i>No School</i></p>	<p><b>28</b>    <i>Spring Break</i>    <i>No School</i></p>	<p><b>29</b>    <i>Spring Break</i>    <i>No School</i></p>