

January 2019

Riverdale Middle & High School Breakfast

Mon	Tue	Wed	Thu	Fri
<b>Breakfast = \$1.60</b> <b>17 Breakfast</b> <b>\$27.20</b> <b>Choice of Milk</b> <b>Daily</b> <b>Menu is Subject</b> <b>to Change</b>	<i>1</i>  <i>No School</i> <i>Winter Break</i>	<i>2</i>  <i>No School</i> <i>Winter Break</i>	<i>3</i>  <i>No School</i> <i>Winter Break</i>	<i>4</i>  <i>No School</i> <i>Winter Break</i>
<i>7</i>  <i>No School</i> <i>Winter Break</i>	<i>8</i>  <i>Ham &amp; Cheese Omelet</i> <i>Biscuit w/jelly</i> <i>Fruit</i> <i>Juice</i> <i>milk</i>	<i>9</i>  <i>Cinni Mini</i> <i>Bacon</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>10</i>  <i>Ham &amp; Cheese</i> <i>Breakfast Bar</i> <i>Blueberry Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>11</i>  <i>Bacon Scramble Pizza</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<i>14</i>  <i>Sausage Pancake Bites</i> <i>Maple Syrup</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>15</i>  <i>Egg &amp; Cheese on a</i> <i>Croissant</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>16</i>  <i>Cinnamon Roll</i> <i>Sausage Link</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>17</i>  <i>Ham &amp; Cheese</i> <i>Breakfast Bar</i> <i>Chocolate Chip Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>18</i>  <i>Bacon Scramble Pizza</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<i>21</i>  <i>No School</i> <i>Martin Luther King Jr</i> <i>Day</i>	<i>22</i>  <i>Cherry Frudel</i> <i>Cheese Stick</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>23</i>  <i>Honey Bun</i> <i>Bacon</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>24</i>  <i>Ham &amp; Cheese Break-</i> <i>fast Bar</i> <i>Banana Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>25</i>  <i>Bacon Scramble Pizza</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>
<i>28</i>  <i>Blueberry Waffle</i> <i>Maple Syrup</i> <i>Sausage Link</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>29</i>  <i>Glazed Donut</i> <i>Bacon</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>30</i>  <i>Sausage, Egg &amp; Cheese</i> <i>on an English Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	<i>31</i>  <i>Ham &amp; Cheese Break-</i> <i>fast Bar</i> <i>Orange Muffin</i> <i>Fruit</i> <i>Juice</i> <i>Milk</i>	

# January 2019

## Riverdale Middle & High School Lunch

Mon	Tue	Wed	Thu	Fri
<p><b>Lunch = \$2.55</b>  <b>17 Lunch=\$43.35</b>  <b>Middle School Ala</b>  <b>Carte = MS</b>  <b>Choice of Milk</b>  <b>Menu Subject to</b>  <b>Change</b></p>	1	2	3	4
	<i>No School Winter Break</i>	<i>No School Winter Break</i>	<i>No School Winter Break</i>	<i>No School Winter Break</i>
7	8	9	10	11
<i>No School Winter Break</i>	<i>Breaded Chicken Sandwich Hash Browns Steamed Broccoli Pineapple Ham &amp; Cheese MS</i>	<i>Taco in a Bag (meat, cheese, lettuce and chips) Refried Beans Carrots w/ranch Peaches Taco Sauce, Salsa &amp; Sour Cream Corn Dog MS</i>	<i>Italian Grill Ck Tater Tots Green Beans Carrots w/ranch Applesauce Hamburger MS</i>	<i>Garlic Cheese Bread Spaghetti Sauce Romaine Salad Grape Tomatoes Carrots w/ranch Sliced Apples Pork Tenderloin MS</i>
14	15	16	17	18
<i>Corn Dog Curly Fries Baked Beans Carrots w/ranch Pears Ketchup &amp; Mustard BBQ Rib MS</i>	<i>Chicken Sticks Mashed Potato Chicken Gravy Corn Applesauce Hot &amp; Spicy Ck MS</i>	<i>Teriyaki Chicken Stir Fry Veggies Oriental Rice Carrots &amp; Celery Ranch Dressing Mandarin Oranges Fish Sandwich MS</i>	<i>Hot Ham &amp; Cheese French Fries Green Beans Peaches Pork Tenderloin MS</i>	<i>Max Sticks Spaghetti Sauce Romaine Salad Grape Tomato Carrots w/ranch Pineapple Fruit Juice Slushy Hamburger MS</i>
21	22	23	24	25
<i>No School Martin Luther King Jr. Birthday</i>	<i>Cheeseburger Mac Bread Stick Calif Vege Blend Brownie Mandarin Oranges Hot Dog MS</i>	<i>Hot Dog/Chili Dog French Fries Baked Beans Pineapple Ketchup &amp; Mustard Pork Tenderloin MS</i>	<i>Taco Plate (Meat, cheese, lettuce &amp; chips) Spanish Rice Corn Bread Corn Carrots w/ranch Pears Italian Grill CK MS</i>	<i>Pepperoni Pizza Steamed Broccoli Romaine Salad Grape Tomatoes Applesauce BBQ Rib MS</i>
28	29	30	31	
<i>Chicken Quesadilla Refried Beans Corn Carrots w/ranch Pineapple Salsa, Taco Sauce &amp; Sour Cream Cheeseburger MS</i>	<i>Pepperoni Calzone Spaghetti Sauce Green Beans Carrots w/ranch Applesauce Corn Dog MS</i>	<i>Chicken Nuggets Mashed Potatoes Chicken Gravy Corn Peaches Hot &amp; Spicy Ck MS</i>	<i>Cheeseburger Curly Fry Canned Carrots Pears Pork Tenderloin MS</i>	